

# GR-EFV45, El Araby Toshiba

Category: Refrigeration

written by [www.mbsm.pro](http://www.mbsm.pro) | 28 December 2025



Private Picture Copyright : [WWW.MBSM.PRO](http://WWW.MBSM.PRO)

## Toshiba 3-Door 16 cu.ft No-Frost Silver Refrigerator: A Practical Workhorse for Modern Homes

The *Toshiba 3-door 16 cu.ft no-frost silver refrigerator* from El Araby is designed for families who want generous storage, stable cooling, and low maintenance in a compact footprint. It combines vapor no-frost cooling, a dedicated middle fresh zone, and silver finish that matches most contemporary kitchens. □

## Key specifications and capacity

- Net capacity about 351 liters (≈16 cu.ft), enough for a medium to large household. □

- **Three-door layout:** top freezer, central fresh/vegetable compartment, and main fridge section below for everyday items.□
- Approximate dimensions: width 66.5 cm, depth 68.4 cm, height 175.3 cm, giving a tall but relatively slim cabinet that fits standard kitchen niches.□
- Color: **silver** with hardened glass shelves for better load resistance and easier cleaning.□

## Toshiba 3-door 16 cu.ft no-frost – main data

| Feature        | Detail   |
|----------------|--|
| Model family   | GR-EFV45 series (El Araby Toshiba) □                     |
| Cooling type   | No-Frost with vapor air circulation □                    |
| Doors          | 3 doors: freezer / fresh zone / fridge □                 |
| Net capacity   | ≈351 L (around 16 cu.ft) □                               |
| Color          | Silver exterior □  |
| Shelves        | Tempered glass, adjustable □                             |
| Energy class   | Class A, optimized for reasonable power use □            |
| Refrigerant    | Non-CFC, eco-friendly design □                           |
| Extra features | Plasma deodorizer (on many variants), low-noise design □ |

## Cooling technology and food preservation

The refrigerator uses a **no-frost vapor cooling** system that circulates cold air around the compartments, preventing ice build-up on the walls and evaporator. This means no manual defrosting and more stable temperatures for long-term storage.□

- Multi-air flow channels distribute air in several layers, reducing temperature differences between shelves and helping vegetables and dairy stay fresh longer.□
- Many GR-EFV45-series units include a plasma or bio-deodorizer module that absorbs odors and reduces bacteria, which is particularly valuable in the middle fresh zone for fruits and vegetables.□

## Design, usability, and everyday practicality

The three-door configuration is one of the strong points of this Toshiba line. It offers a separate middle drawer or compartment for fruits and vegetables, isolating humidity and smells from the main fridge area.□

- Adjustable glass shelves and door balconies allow flexible loading, from tall bottles to large pans or cake boxes.□
- Silver exterior and integrated handles give a neutral, **modern** appearance that blends with stainless or grey appliances, which is often requested in open kitchens.□
- Noise-reduced compressor design and non-CFC refrigerant make it a relatively quiet and environmentally conscious appliance for daily home use.□

# Reliability, market positioning, and who it suits

El Araby distributes this Toshiba 16-foot, 3-door refrigerator widely in North Africa and the Middle East, targeting families that need a durable mid-range no-frost unit rather than a premium smart fridge.□

- Ten-year compressor warranty is common on this series, underlining its positioning as a long-term investment for domestic kitchens.□
- The size and three-door design make it especially suitable for households that shop weekly, cook frequently, and want one dedicated vegetable/fresh zone without moving to a bulky side-by-side model.□





Private Picture Copyright : [WWW.MBSM.PRO](http://WWW.MBSM.PRO)

Toshiba Catalogue-REFDownload